

# **SUN SAFE POLICY**

## **RATIONALE**

The teaching of sun care and protection has always been a significant part of the total Health Curriculum. New evidence pertaining to the depletion of the ozone layer, with its corresponding increase in melanoma cases, determines the necessity for further action and education, to ensure the safety of our children.

## **PURPOSES**

1. To provide guidelines for the immediate physical protection of children.
2. To provide the children with the knowledge of the ongoing research into the relationship between exposure to the sun and skin cancer.
3. To provide a framework of longer term measures to protect our children from the sun.

## **GUIDELINES**

### **1. IMMEDIATE PROTECTION**

- We insist that children wear hats during the daylight saving months (term 1 and term 4) and recommend the use of sunscreen which protects the face, neck and ears when they are exposed to the sun. Hats must be wide brimmed.
- Staff will encourage children to seek shade area when practical.
- Staff will be encouraged to act as role models and the school will have sun screen available.

### **2. EDUCATION**

- The school will encourage parents to ensure their children will have a hat at school and sun screen for outdoor events.
- Staff will provide instruction on sun care every year as an integral part of our total Health programme.

## **LONG TERM MEASURES**

- Provision of a variety of shade areas
- Consideration given to the timing of outdoor activities and excursions e.g.
  1. Sporting events
  2. Out of school excursions
  3. Designated shady lunch areas.

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